

ESTHETICIAN/3 (200 Hours)

Course No.: 78-45-85

COMPETENCY CHECKLIST

Student Name _____

Teacher Name _____ School Site _____

Start Date _____ Completion Date _____ Certificate Date _____

Teacher Signature _____ Student Signature _____

(Signatures verify completion of course competencies)

A. EYEBROW ARCHING AND HAIR REMOVAL

(50 hrs)

- _____ 1. Morphology of hair and its growth stages
- _____ 2. Methods of temporary/permanent removal
- _____ 3. Hair removal equipment/tools/accessories
- _____ 4. Perform face and body waxing
- _____ 5. Conditions that contraindicate hair removal
- _____ 6. Client consultation before hair removal
- _____ 7. Proper hair removal setup
- _____ 8. Describe hair removal steps and procedures
- _____ 9. Minimum 50 eyebrow arching removals

B. MAKEUP (50 hrs)

- _____ 1. Types of cosmetics and their uses
- _____ 2. Psychological aspects of makeup
- _____ 3. Perform makeup services overview
- _____ 4. Makeup products
- _____ 5. Makeup color theory
- _____ 6. Assess client features/face shape
- _____ 7. Corrective makeup
- _____ 8. Sanitizing brushes and facial contouring
- _____ 9. Apply/remove artificial eyelashes
- _____ 10. Proper makeup for skin/eye/hair color
- _____ 11. Proper highlighting techniques
- _____ 12. Shading techniques to conceal flaws
- _____ 13. Apply complete or corrective makeup
- _____ 14. Proper removal of makeup
- _____ 15. Permanent cosmetics/airbrush makeup
- _____ 16. Minimum of 40 complete makeup services

C. GENERAL ESTHETICS AND THE TREATMENT ROOM (50 hrs)

- _____ 1. Professional/relaxing environment
- _____ 2. Facial equipment and supplies
- _____ 3. Room setup comfortable for esthetician

- _____ 4. Prep treatment room for services
- _____ 5. Sanitize and clean treatment room
- _____ 6. Methods to prevent chemical injuries
- _____ 7. First aid/management of chemical burns
- _____ 8. Equipment safe use & care procedures
- _____ 9. Demo use of tools/appliances/equipment
- _____ 10. Protection from hazardous chemical injuries
- _____ 11. Handling bio-hazardous materials
- _____ 12. Ergonomic principles in organizing workspace

D. PROFESSIONAL IMAGE (50 hrs)

- _____ 1. Basic habits of daily personal hygiene
- _____ 2. Proper standing and sitting posture
- _____ 3. Healthy positive attitude
- _____ 4. Attributes of a strong work ethic
- _____ 5. Define ethics
- _____ 6. Most effective time management techniques