

HAIR STYLING (UPGRADE) (60 Hours)

Course No.: 78-10-80

COMPETENCY CHECKLIST

Student Name _____

Teacher Name _____ School Site _____

Start Date _____ Completion Date _____ Certificate Date _____

Teacher Signature _____ Student Signature _____

(Signature verifies completion of course competencies)

A. BARBERING/COSMETOLOGY EQUIPMENT (2 hrs)

- _____ 1. Differentiate types of combs and brushes
- _____ 2. Use and care of listed instruments
- _____ 3. Select proper tools/equipment for operation

B. HAIR CHEMISTRY (6 hrs)

- _____ 1. Describe structure of hair
- _____ 2. Identify steps I hair analysis
- _____ 3. Describe proper care for hair
- _____ 4. Identify causes of damage to hair
- _____ 5. Recommended treatment for damaged hair

C. CHEMISTRY IN COSMETOLOGY (6 hrs)

- _____ 1. Define pH
- _____ 2. Describe how chemicals affect the hair
- _____ 3. Proper shampoo/conditioner for hair types
- _____ 4. Synthetic vs organic hair care products
- _____ 5. Coating products vs penetrating products

D. HAIR CUTTING (15 hrs)

- _____ 1. Analysis facial shape/hair for haircutting
- _____ 2. Practice haircutting methods
- _____ 3. Use elevations and angles in haircutting
- _____ 4. Perform haircuts on live models

E. HAIRSTYLING (3 hrs)

- _____ 1. Use hot comb, blow dryer, thermal irons
- _____ 2. Select liquid styling tools for desired style
- _____ 3. Handle styling appliances correctly/safely
- _____ 4. Perform thermal styling procedure on model
- _____ 5. Use product to protect hair from heated tool

F. PERMANENT WAVING (3 hrs)

- _____ 1. Identify types of cold wave lotion
- _____ 2. Use cold wave or heat wave methods
- _____ 3. Use proper wrapping techniques

- _____ 4. Proper methods for neutralization process

G. HAIR RELAXING/STRAIGHTENING (3 hrs)

- _____ 1. Use chemical relaxer to straighten hair
- _____ 2. Use hot-comb and curling iron to straighten

H. HAIR COLORING (6 hrs)

- _____ 1. Identify different types of hair color
- _____ 2. Use proper mixing/application techniques
- _____ 3. Use hair color for blending away gray hair
- _____ 4. Identify causes for color fading
- _____ 5. Perform preliminary patch test for tint types

I. NUTRITION AND HAIR CONDITION (1 hr)

- _____ 1. Relationship: nutrition/healthy scalp & hair

J. EMPLOYABILITY SKILLS (3 hrs)

- _____ 1. Importance of job preparation
- _____ 2. Complete job app/prepare for interview
- _____ 3. Develop a résumé
- _____ 4. Demo desirable characteristics in interview
- _____ 5. Identify opportunities related to cosmetology
- _____ 6. Customer service to build business

K. REVIEW AND EVALUATION (12 hrs)

- _____ 1. Pass written exam by 75% or better
- _____ 2. Demo various techniques taught
- _____ 3. Describe individual performance w/teacher